

# COURSE OUTLINE

---

## COSHH AWARENESS

### OVERVIEW

### WHO SHOULD ATTEND?

### LEARNING OUTCOMES



Most businesses use substances, or products that are mixtures of substances. Some processes create substances. These could cause harm to employees, contractors and other people. The Control of Substances Hazardous to Health (COSHH) Regulations is the legislation that requires employers to control substances that are hazardous to health as well as preventing or reducing workers' exposure to hazardous substances.

This 0.5 day awareness course reflects the principles set out by the Health and Safety Executive Guidance INDG 136 "Working with Substances Hazardous to Health". Client specific requirements/COSHH Management Systems can be incorporated into the course.

This course is aimed at individuals who:

- May be working with potentially hazardous substances
- Could be exposed to hazardous substances
- May have responsibility for those working with potentially hazardous substances who need an understanding of the hazards their personnel face

Through attending this course individuals will gain a basic understanding of:

- The legislation associated with hazardous substances
- Principles of good practice with respect to COSHH Risk Assessment
- What is classed as a hazardous/harmful substance
- Identifying hazardous substances
- Safety Data Sheets
- Potential health effects
- Preventing and adequately controlling exposure